



MANDARA  
— SPA —

MAISON AURELIA

## Packaged by Mandara

Pure Indulgence 2 hrs 30 mins Rp. 1.260.000  
Immerse yourself in the Spa experience with this indulgent treatment package. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Jacuzzi ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

Frangipani Body Glow 2 hrs Rp. 1.599.000  
Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger, massaged into the skin to slough away dryness ~ shower ~ embalm the body with ELEMIS Frangipani Monoi Body Oil ~ receive a relaxing mini facial whilst wrapped in the fragrant cocoon ~ Balinese Massage.

Harmony 2 hrs Rp. 980.000  
A delightful package that will leave you looking refreshed and radiant. Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Jacuzzi ~ Balinese Massage or Pure Nature Facial.

Spa Discovery 1 hr 20 mins Rp. 690.000  
Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Enjoy a Balinese Massage followed by ELEMIS Taster Facial.

Spa Sampler 1 hr 20 mins Rp. 655.000  
Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

## ELEMIS Face

ELEMIS Pro-Collagen 1 hr Rp.1.459.000  
Age Defy  
Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

ELEMIS Superfood 1 hr Rp. 1.119.000  
Pro-Radiance  
A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

ELEMIS Anti-Blemish 1 hr Rp. 1.119.000  
Mattify and Calm  
A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

ELEMIS Skin Soother 1 hr Rp. 1.119.000  
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

*\*Independent clinical trials*

## Face of Mandara

Pure Nature Facial 50 mins Rp. 449.000

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve - a cleansing and rejuvenating facial for normal skin.

Renew - a fruit acid facial for treating environmentally damaged skin.

Enrich - a nourishing facial for dry or mature skin.

## Body of Mandara

Warm Bamboo Massage 1 hr 15 mins Rp. 655.000

Let your mind and body escape reality and find its inner-balance. This deep but soothing massage will release knots and relax tense muscles through the use of long strokes using warm bamboo stalks and aromatherapy massage oil.

Balinese Massage 1 hr 20 mins Rp. 560.000  
50 mins Rp. 449.000

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Warm Stone Massage 50 mins Rp. 515.000

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Asian Head Massage 50 mins Rp. 515.000

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. A Thai poultice filled with exotic leaves, flowers and lime essential oil is dipped in warm coconut oil and used on the scalp, for scalp and hair care as well as complete relaxation. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins.

Fancy Foot-work 50 mins Rp. 449.000

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

Foot Massage 30 mins Rp. 199.000

A foot massage based on the ancient principles of Reflexology. Massage of these reflex points can improve the health by restoring the natural flow of body energy.

Express Massage 30 mins Rp. 199.000

For those of you on a tight schedule, this short but effective massage focusing on the head, neck and shoulders will help to relieve tension and stress

## More of Mandara

French Pedicure	1 hr 30 mins	Rp. 449.000
Spa Pedicure	1 hr 15 mins	Rp. 399.000
French Manicure	1 hr 15 mins	Rp. 399.000
Spa Manicure	1 hr	Rp. 349.000

## Gift Certificates & Spa Memberships

Gift certificate and Spa membership purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

## Spa Basics

### Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

### When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

### What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

### What do I wear during my treatment?

Choose what is most comfortable for you. Treatments may be enjoyed without clothes. Our therapists will always use draping techniques to respect your privacy. Alternatively you may wear your own bikini or briefs.

### What about my valuables?

Please leave valuables in the safe in your hotel room, as we do not assume any liability for personal items.

### What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

### What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

### What about payment for spa services?

You may charge spa services to your hotel bill. We accept all major credit cards (Visa, AmEx, MC, JCB).



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